



Collaboration with Peer/Consumer Organizations

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Center for Mental Health Services

Adult Treatment Court Collaborative
Annual Peer Meeting
Bethesda, MD
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Who Is SAMHSA?

- **The Substance Abuse and Mental Health Services Administration (SAMHSA) was established in 1992.**
- **Directed by Congress to:**
 - provide effective substance abuse and mental health services to the people most in need; and
 - translate research in these areas more effectively and more rapidly into the general health care system.

Vision

**The Nation act on the
knowledge that...**

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



Mission

**To reduce the impact of
substance abuse and
mental illness on
America's communities.**

SAMHSA's Centers – “ONE SAMHSA”



The Center for Mental Health Services (CMHS) focuses on the prevention and treatment of mental disorders.



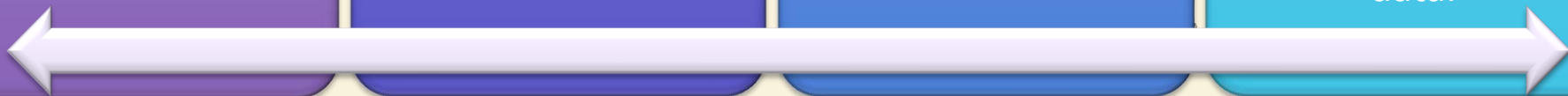
The Center for Substance Abuse Prevention (CSAP) seeks to prevent and reduce the abuse of illegal drugs, alcohol, and tobacco.



The Center for Substance Abuse Treatment (CSAT) supports the provision of effective substance abuse treatment and recovery



The Center for Behavioral Health Statistics and Quality (CBHSQ) has primary responsibility for the collection, analysis and dissemination of behavioral health data.



Who We Serve

- **General Public**
- **Persons with Mental and/or Substance Use Disorder(s)**
- **At risk populations**
- **Those who provide services to persons with MH and SU Disorders**

SAMHSA's Roles

- Leadership & Voice in Policy
- Tracking Data
- Practice Improvement –
 - Information *(to let people know what treatment and prevention practices works and where to get these services (including recovery practices for both substance use and mental illnesses);*
 - Quality/Measures;

SAMHSA's Roles

- **Practice Improvement – (*Continued*)**
 - **Technical Assistance;**
 - **Evaluation/Services Research (*i.e.*, evidence Based practices and practice-based evidence)**
- **Public Awareness & Education**

SAMHSA's Roles

- **Grant-Making** (*so practices can be replicated or for innovation at*):
 - **National level**
 - **State level:** State governments; Statewide Consumer/Peer or Family Networks
 - **Individual Organizational level:** Provider organizations; MH/SUD peer organizations
 - **General Public level**
- **Regulation/Standard Setting**

SAMHSA PRINCIPLES

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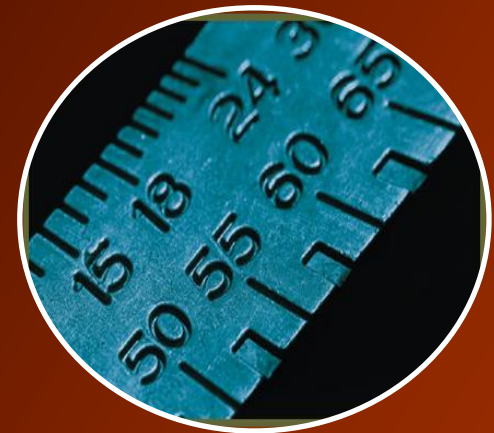
PEOPLE

Stay focused on the goal



PARTNERSHIP

Cannot do it alone



PERFORMANCE

Make a measurable difference



www.samhsa.gov

Where Do You Fit

- The people you work with are individuals with MI and/or SUD who are a part of another system (the criminal justice system)
- Approx. 33% of inmates have a mental health disorder.*
(Inmates with mental health problems are likelier than their peers without such problems to be more entangled in the criminal justice system.)
- Of the 2.3 million inmates in U.S. prisons, 65 percent--**1.5 million**--meet the DSM-IV medical criteria for alcohol or other drug abuse and addiction.
- Need to have people tell their recovery stories
- Help the system to better understand “what works”


What works for this population

- **Treatment**
 - Trauma informed care
 - Culturally specific approaches
 - Peer support
 - Therapies (CBT, medication, etc.)
- **Recovery**
 - Peer support
 - Social inclusion
 - Experiencing and hearing other positive stories
 - Use of Wellness language

What works for this population

- **Prevention**

- Get people contacted to services early including peer services in the community
- Help people to get their basic human needs met, i.e. food, housing, health care and some form of income
- Help people to see their strengths and how to use them to live a positive life.
- Have individuals tell their stories to others as possible preventive strategy



**“Coming together is a
beginning.
Keeping together is progress.
Working together is success.”**

- Henry Ford

**“We are not put on
this earth to see
through one another,
but to see one
another through.”**

-Unknown

Contact Information

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